



New York City Nurse-Family Partnership

Referral Guide for Providers

Eligibility Criteria

- ✓ 28 weeks pregnant or less
- ✓ No previous live births
- ✓ Low-income (Medicaid- and/or WIC-eligible)

Program Highlights for Clients

- There is a program for new mothers called **New York City Nurse-Family Partnership (NYC NFP)** that provides you with **your own personal nurse**.
- Your nurse will support you to have a **healthy pregnancy and a healthy baby**, and to **be the best mom you can be**.
- With your nurse you will learn:
 - What to expect during pregnancy and childbirth
 - How to take care of your baby (feeding, bathing, safe sleep and more)
 - How babies learn and grow
- The program **won't cost you anything**.
- It's available **regardless of your age, your or your family's immigration status or your gender identity**.

Enrollment Talking Points

- I can refer you today, but you don't have to decide if you want to sign up until you meet with a nurse.
- If you prefer, you can take the information home and contact the program yourself.
- Just remember, if you are interested in the program, you must meet with a nurse and sign up **by the end of your 28th week of pregnancy**.

Making a Referral

- ✓ Fill out and fax or securely email the referral form.
- ✓ Give the client a tear-off information sheet or brochure to take home.
- ✓ Inform the client that someone from NYC NFP will contact them within the next few days.

New York City Nurse-Family Partnership

Support for First-Time Mothers

What is New York City Nurse-Family Partnership?

New York City Nurse-Family Partnership (NYC NFP) is an evidence-based nurse home visiting program for low-income first-time mothers. Clients up to 28 weeks pregnant are paired with specially trained nurses, who provide information and guidance throughout the pregnancy and until the child's second birthday. NYC NFP nurses support mothers to have healthy pregnancies and healthy babies, become knowledgeable and nurturing parents, achieve education and employment goals and provide their children with the best possible start in life.

Does NFP Work?

Yes. Rigorous evaluations done over the last 40 years in three U.S. cities show that NFP has lasting benefits for clients and their children.

Positive outcomes among participants and their children who received NFP, compared to those who did not, include, on average:

- 50 percent fewer injuries and ingestions between ages 2 and 4
- 50 percent fewer language delays by 21 months of age
- 23 percent relative reduction in subsequent pregnancies at two years postpartum
- 3.5 fewer months using food stamps between 0 and 5 years postpartum
- 65 percent relative reduction in maternal death from any cause at 21 years postpartum

Positive outcomes for NYC NFP since the program began in 2003 include:

- 92 percent of mothers initiated breastfeeding
- 95 percent of children were up-to-date with immunizations at age 2
- 84 percent of mothers had no subsequent pregnancies within 18 months of giving birth

Who is eligible for NYC NFP?

Anyone in New York City who:

- Is 28 weeks pregnant or less with their first baby
- Meets low-income requirements (Medicaid- and/or WIC-eligible)

NYC NFP services are provided at no cost to the client and regardless of age, immigration status or gender identity.

How do I refer first-time mothers to NYC NFP?

Download the referral form at nyc.gov/health/nfp and send it via email (secure or encrypted email only) to nycnfp@health.nyc.gov or fax it to the NYC NFP program site nearest the client (see reverse side for details).